

RETURN TO SCHOOL

ESSENTIAL INGREDIENTS

FOR STUDENTS, TEACHERS, STAFF, FAMILIES, COMMUNITIES



Keep these Comprehensive School Health Components in Mind!

PHYSICAL AND SOCIAL ENVIRONMENT

- Ensure and celebrate the right of all to be treated with equity, dignity, and respect
- Equip schools with outdoor spaces for learning and mental wellbeing
- Champion safe spaces for social gatherings
- Champion recess practices to support student activity and wellbeing
- Explore ways the community can increase engagement with school environment

TEACHING AND LEARNING

- Ensure educators are versed in social-emotional learning and trauma-informed practices
- Investigate land-based and outdoor learning opportunities
- Provide students with projects to explore further the outcomes of the pandemic: climate change, mental health, physical activity, food security, and others
- Foster whole child, whole school climate

POLICY

- Review School and system-wide policies on equity in education
- Establish / review protocols, guidelines for family connections and community partners in schools
- Enhance policies supporting educators to meet needs and challenges of students
- Increase supports for educators navigating both virtual and in-class teaching

PARTNERSHIPS AND SERVICES

- Link with mental health specialists in the community to support student and staff wellbeing
- Enhance families' connection with the school community
- Celebrate the partnerships that have kept families fed and students and staff supported
- Increase Education and Public Health collaborations to support inclusive, supportive, and safe environments